

APECS PRICING INFORMATION

Training Packages

Package	1-2 Participants
4 Sessions	\$275
10 Sessions	\$650
	1-3 Participants
20 Sessions	\$1160
40 Sessions	\$2070

For Jason Shea please inquire about training rates.
Price reflects total package rates which can be split among allotted number of participants.

All sessions are by appointment only
24-hour notice is required for cancellations

Adult Boot Camp

Class schedule

Monday 9am & 6pm
Wednesday 9am & 6pm
Friday & Saturday 9am

Try your first class free!

Boot Camp Class Card
\$65.00 for 6
\$100.00 for 10

Boot Camp Membership
\$65.00 per month
Boot Camp Single
\$15.00 per Class

Student Membership

\$35.00 per month

Family Membership

EFT Payment

\$90.00 per month

Pre Season Team Training

Minimum 10 Athletes

10 Weeks | 2 ~ 1 hour sessions per week : \$160.00

Group Training

4-8 Participants

10 Weeks | 1 / 1 hour session per week : \$235.00

10 Weeks | 2 / 1 hour sessions per week : \$335.00

10 Weeks | 3 / 1 hour sessions per week : \$435.00

Appointment day and time is established
between the group and trainer at sign up.

One off week is allowed (decided by the group)

No make up sessions and no rescheduling allowed

APECS Business Hours

Monday—Thursday 9am - 8pm

Friday 9am—5pm Saturday 9am—1 pm

Sunday By appointment only

Team training
only \$8 per
session per
athlete!!!

Group training
from \$14.50 to
\$23.50 per
session per
athlete!!



APECS

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